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ABSTRACT

This 55-minute VHS videotape is the fifth in a series of "How To Dance Through Time" videos. It continues the tradition of the romance of the mid-19th century couple dances, focusing on Victorian era couple dances. The videotape offers 35 variations of the renowned 19th century couple dances, including the waltz, the polka, the galop, and the mazurka. Professional dancers demonstrate each step in slow motion with close-up camera views. Historical information, with original illustrations, illuminate the evolutionary role of each dance. Authentic music and fashions of the Victorian era enhance the video. This videotape is also available in DVD format. (SM)

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